

Syllabus and Curriculum  
of  
Certificate course  
in  
Hospital and Domiciliary Care Attendant

Uttar Pradesh State Medical Faculty, Lucknow.

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## OBJECTIVES OF THE COURSE

To prepare a Hospital Care Attendant Technician who –

- Is well aware of hospital set up.
- Is well aware about various specialties & super specialties.
- Is well aware of common hospital equipments & instruments.
- Can understand common medical vocabularies..
- Can take care of admitted & OPD patient.
- Can help doctors, nurses & technicians.
- Can perform CPR in Case of need.
- Can identify danger symptoms & signs.
- Is well aware about biomedical waste management & fire hazards.

Outline of Curriculum  
of  
Certificate course  
in  
Hospital and Domiciliary  
Care Attendant

FIRST YEAR

**THEORY ( Classes: 9 AM to 12 Noon)**

**First paper : Syllabus covers -**

1. General body structure.
2. Basic set up of hospital, common medical equipments & instruments, common medical terminologies.

**Second paper : Syllabus covers -**

1. Role of hospital care attendant in hospital.
2. Hand hygiene & prevention of cross infection.
3. Cardio-pulmonary resuscitation (CPR).

## FIRST YEAR

### PRACTICAL ( Classes: 11 AM to 3 PM)

Practical classes will be after lunch; from 11 AM to 3 PM.

Students must present in the hospital for practicals.

**Following subjects must be taught; though there will not be any exam from these-**

1. Basic Computer skills.
2. Basic English.
2. **Soft skills like** - Interpersonal relationship skills & moral education.

## ELIGIBILITY CRITERIA FOR ADMISSION & DURATION OF THE COURSE

### **COURSE DURATION:-**

- It is ***1year, full time*** certificate Course.

### **ELIGIBILITY:-**

- Candidate must have passed 12<sup>th</sup> with  
Physics, Chemistry, Biology  
Or  
Physics, Chemistry, Maths  
with 35% marks in Intermediate exams.  
(From UP board or any other recognised board).
- Candidate must have completed age of 17 years of age as on 31<sup>st</sup> December of admission year. There is no maximum age limit for the admission.

## SCHEDULE OF EXAMINATION

### FIRST YEAR

<u>Paper</u>	<u>Subjects</u>	<u>Mark</u>	<u>Internal Assessment Marks</u>	<u>Total Marks</u>	<u>Pass Marks</u>	<u>Duration of Exam.</u>
<b><u>First Paper Theory</u></b>	1.General body structure. 2.Basic set up of hospital, common medical equipments & instruments, common medical terminologies	75	25	100	50	3 Hours
<b><u>Second Paper Theory</u></b>	1.Role of hospital care attendant in hospital. 2.Hand hygiene & prevention of cross infection. 3.Cardio-pulmonary resuscitation (CPR).	75	25	100	50	3 Hours
<b><u>Practical</u></b>	Oral & Practical	75	25	100	50	3 Hours

## SCHEDULE OF COURSE

(List of holidays, Total hours, Subject wise allotment of hours)

- **List of Holidays:-**

Sundays	- 52 days
Summer vacation	- 10 days
Winter vacation	- 10 days
Gazetted holidays	- 23 days
Preparatory holidays	- 10 days
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Total Holidays	- 105 days
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- **Total Hours :-**

Theory classes per day	- 2 Hours
Practical classes per day	- 4 Hours
Total hours per day	- 6 Hours
Total days & hours in One year (after deduction of holidays )	- 260 days or - 1560 Hours



## SCHEDULE OF COURSE

### Subject wise allotment of hours

#### FIRST YEAR

**Theory (520 Hours) Practical (1040 Hours)**

<b><u>First Paper Theory</u></b>	1.General body structure.	50 Hrs
	2.Basic set up of hospital, common medical equipments & instruments, common medical terminologies.	80 Hrs
<b><u>Second Paper Theory</u></b>	1.Role of hospital care attendant in hospital.	300 Hrs
	2.Hand hygiene & prevention of cross infection.	10 Hrs
	3. Cardio-pulmonary resuscitation (CPR).	15 Hrs
<b><u>Third Paper Practical</u></b>	As described in curriculum	1040 Hrs
<b><u>Theory: Other Subjects</u></b> (These subjects must be taught; though there will not be any exam from these)	1.Basic Computer skills.	30 Hrs
	2.Basic English.	30 Hrs
	3.Soft skills like - Interpersonal relationship skills & moral education	10 Hrs

Details of Curriculum for First Year  
Certificate course in Hospital Care Attendant

PAPER 1st Theory	Topics	Hours.
<b>1.General body structure.</b>	1. General Orientation about parts of human body. Various terms used in Anatomy. <b>Total numbers of bones, their names &amp; location.</b> Basic idea about organization of body ,from cell to organ systems, <b>Parts of human body.</b>	15 Hrs
	2. Skin & appendages.	02 Hrs
	3. GIT: only basics.	05 Hrs
	4. Respiratory tract:only basics.	05 Hrs
	5. Urinary tract: only basics.	05 Hrs
	6. Male reproductive system:only basics.	03 Hrs
	7. Female reproductive system: only basics.	03 Hrs
	8. Basics of nervous system.	03 Hrs
	9. Basics of Blood.	05 Hrs
	10. Basics of cardio vascular system.	04 Hrs

## Certificate course in Hospital Care Attendant

<b>PAPER 1st Theory</b>	<b>Topics</b>	<b>Hours.</b>
<b>2. Basic set up of hospital, common medical equipments &amp; instruments, common medical terminologies.</b>	1. Basic set up of hospital, different departments.	10 Hrs
	2. Identification of Basic hospital equipments & instruments.	50 Hrs
	3. Common medical vocabulary & their meaning.	20 Hrs

## Details of Curriculum for First Year Certificate course in Hospital Care Attendant

PAPER 2nd Theory	Topics	Hours.
<b>1.Role of hospital care attendant in hospital.</b>	1. Personal hygiene & professional behavior.	05 Hrs
	2. Patient's basic care & needs: Bathing, Sponging, dressing, feeding, skin care, oral care, care of comatose patient.	50 Hrs
	3. Understanding of various types of positions, Importance of positioning, means available for patient transfer.	30 Hrs
	4. Care of ill/terminally ill/physically challenged/handicapped & unconscious patients.	35 Hrs
	5. Learn to Bed making & management of linen.	10 Hrs
	6. Understand measures to prevent patient fall.	10 Hrs
	7. Understanding segregation, management, disposal & treatment of biomedical waste.	40 Hrs.
	8. Understanding CPR, Institutional emergencies, fire safety and security, Emergencies in health care & response to patient call.	30 Hrs
	9. Understand the importance of observing & reporting, process of reporting protocol.	20 Hrs
	10. Learn managing last offices & packaging dead bodies.	10 Hrs
	11. To understand basics of first aid.	30 Hrs
	12. Soft skills of communication skills.	10 Hrs
	13. Basics of code blue, red, pink etc.	20 Hrs

**Details of Curriculum for First Year  
Diploma in Orthopaedic and Plaster Technician course**

<b>PAPER 2nd Theory</b>	<b>Topics</b>	<b>Hours.</b>
<b>2.Hand hygiene &amp; prevention of cross infection.</b>	1. Hand hygiene & method of Hand washing.	05 Hrs
	2. Prevention of cross infection.	05 Hrs

<b>PAPER 2nd Theory</b>	<b>Topics</b>	<b>Hours.</b>
<b>3.Basic life support (BLS) &amp; Cardio-pulmonary resuscitation (CPR).</b>	1. Code blue.	05 Hrs
	2. Details of basic life support (BLS) & Cardio-pulmonary resuscitation (CPR).	10 Hrs

# Practical Curriculum

( **Hours : 1040 Hrs. )**

## **Practical training in hospital/wards of the following :-**

1. Personal hygiene & professional behavior.
2. Patient's basic care & needs: Bathing, Sponging, dressing, feeding, skin care, oral care, care of comatose patient.
3. Understanding of various types of positions, Importance of positioning, means available for patient transfer.
4. Care of ill/terminally ill/physically challenged/handicapped & unconscious patients.
5. Learn to Bed making & management of linen.
6. Understand measures to prevent patient fall.
7. Understanding segregation, management, disposal & treatment of biomedical waste.
8. Understanding CPR, Institutional emergencies, fire safety and security, Emergencies in health care & response to patient call.
9. Understand the importance of observing & reporting, process of reporting protocol.
10. Learn managing last offices & packaging dead bodies.
11. To understand basics of first aid.
12. Soft skills of communication skills.
13. Basics of code blue, red, pink etc.